



KIVA KIDS

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Children's Kiva Montessori Week At A Glance 5 day week

From the Desk of Ms. Susan



Monday, January 9th --

** Finance Committee - 5:30 - Beech campus

Tuesday, January 10th --

** Kiva Cafe' 7:30 - 7:45

Wednesday, January 11th --

** Wednesday Clubs - Dance and Advanced Robotics

Thursday, January 12th --

** Kiva Cafe' 7:30 - 7:45

Friday, January 13th --

Healthy Food and Snacks

As we start the new year, it is time to refresh our minds on healthy foods and snacks. What does it mean to send healthy food and snacks?

Carrots, Celery, Cucumber Slices
 Bananas, Oranges, Strawberries

What does it not include

Potato Chips
 Sugary Snacks

As with adults there is a noticeable drop or crash for kiddos that have had a very sugary lunch in the afternoon. Please help us make your child successful by reducing sugar in their lunches and snacks. We appreciate

It has been so wonderful to see all the children after break. Almost all have a fun story to share of something they did over break.

If we should have a weather related closing of school, you will be notified through a reverse calling system that is maintained by our

School District. They will call the number(s) they have on file for your child.

Ski Club was great fun. The kiddos are quite skilled at flying themselves down the mountain. New friends were made and it was a fantastic day. Thank you for sharing them for the day.

all your assistance.

Preventing Winter Sickness

It is that wonderful time of year when we begin catching winter colds. Please remember to wash your hands frequently. Get plenty of rest, drink lots of water, and eat healthy foods and snacks.

As a reminder, do not send your child to school if they have had a fever, unless they have been without medicine or a fever for 24 hours.

Slippers in your child's cubby

With it being the time of year for snow boots, you may want to consider sending your child with slippers to leave in their cubby.

This will assist with the water that is being tracked all over from our snow boots, and the children's feet are much more comfortable in slippers than big heavy snow boots.

Thank you for your consideration.