

KIVA KIDS

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From the Desk of Ms. Susan

HAPYY NEW YEAR! I hope you enjoyed your Winter Break as much as I enjoyed mine. While I felt very productive, I also relaxed and enjoyed some much needed time with my family. With that in mind I hope you are ready to start the new year with lots of excitement and throughly refreshed.

If you have any questions or concerns, please feel free to call my cell phone at (970) 759-5869 or stop by the school.

Preventing Winter Sickness

It is that wonderful time of year when we begin catching winter colds. Please remember to wash your hands frequently. Get plenty of rest, drink lots of water, and eat healthy foods and snacks.

As a reminder, do not send your child to school if they have had a fever, unless they have been without medicine or a fever for 24 hours.

Wednesday Clubs

Will begin again on Wednesday, January 4th. This two month cycle we are offering Advance Robotics, and a Dance Club. Flyers went home the last week of school before break. If you did not receive one, check our webpage at

Children's Kiva Montessori Week At A Glance 4 day week

*Monday, January 2nd --*** Teacher Work Day - No Students

*Tuesday, January 3rd --*** Kiva Cafe' Closed ** SAC Committee Meeting - 4pm - Beech campus

*Wednesday, January 4th--*** Wednesday Clubs - Dance and Advanced Robotics

*Thursday, January 5th --*** Kiva Cafe' 7:30 - 7:45

Friday, January 6th --

CKMS Ski Club

This Saturday, January 7th marks the beginning of our Ski Club adventure with the rest of the RE-1 schools. The bus will pick up students at 6:00am at Kemper School. Please be aware that the bus leaves on time to ensure that we are there for morning

lessons. The bus will arrive back at Kemper at approximately 6:00pm. If you have questions please feel free to contact me.

Healthy Food and Snacks

As we start the new year, it is time to refresh our minds on healthy foods.

<u>www.kivacnarter.org</u> under Parent Information.

Space is limited in both groups.

Slippers in your child's cubby

With it being the time of year for snow boots, you may want to consider sending your child with slippers to leave in their cubby.

This will assist with the water that is being tracked all over from our snow boots, and the children's feet are much more comfortable in slippers than big heavy snow boots.

Thank you for your consideration.

and snacks. What does it mean to send healthy food and snacks?

Carrots, Celery, Cucumber Slices Bananas, Oranges, Strawberries

What does it not include

Potato Chips Sugary Snacks

As with adults there is a noticeable drop or crash for kiddos that have had a very sugary lunch in the afternoon. Please help us make your child successful by reducing sugar in their lunches and snacks. We appreciate all your assistance.