Kiva Montessori Charter School encourages parents to arrange a schedule that works well for their children for at-home education.

Routine is of utmost important to a student's social, emotional and academic success.

Khan Academy

has some great schedules and here's another daily schedule that might spark some ideas for parents.

| WHEN | WHAT | HOW: 5-12 year-olds | HOW: 3-5 year-olds |
|-------------------|--|--|---|
| Before 9:00 am | Morning Routine (PRACTICAL LIFE) | Make bed, eat breakfast, brush your teeth, get dressed, put pj's in laundry | |
| 9:00 - 9:30 | Morning Nature Walk (CONNECTION TIME) | Family walk, Yoga/Calm indoor exercise if it's raining | |
| 9:30 - 11:00 | Academic Time (CORE SUBJECTS) | Complete individualized Google Classroom assignments / packet | |
| 11:00 - 12:00 | Creative Time (ART/CULTURE) | Legos, Megatiles, Drawing, Crafting, Painting, play music/instrument, cooking, baking, etc. | |
| 12:00 - 1:00 | Lunch | Help with lunch tasks (setting the table, meal prep, picking up/washing own dishes, sweeping, etc) | |
| 1:00 - 1:30 | Chore Time (PRACTICAL LIFE) | <u>See Age Appropriate Chart</u> <u>Checklist</u> | |
| 1:30 - 2:00 | Quiet Time (READ ALOUD/ INDEPENDENT READING) | Independent Reading, puzzles, writing, research | Nap Time |
| 2:30 - 4:00 | Academic Time (CORE SUBJECTS) | Complete individualized Google Classroom assignments / packet or choice work if finished with assignments | Chore Time (PRACTICAL LIFE) See Age Appropriate Chart <u>Checklist</u> |
| 4:00 - 5:00 | Afternoon Fresh Air (PE/RECESS) | Bikes, walk the dog, play outside Board/Card Games, choice work if it's raining | |
| 5:00 - 6:00 | Dinner | Help with dinner tasks (setting the table, meal prep, picking up/washing own dishes, etc.) | |
| 6:00 - 7:30 | Free TV time | Age-appropriate movie or TV show | |
| 7:30 - 8:00 | Bedtime Routine (PRACTICAL LIFE) | Shower, brush teeth, read a bedtime story. | |
| 8:00 | Bedtime | All children | |
| 9:00 | Bedtime | All children who follow the daily schedule and don't argue or complain ;) | |

Sample Daily Schedule for the Child